



Fun Tennis for Seniors: This could be a smash hit for you!

Ian Salmon

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A gateway manual for seniors who are tennis beginners or novices, and who will be content to play with older folks to whom the social side is as important as playing. The emphasis of Fun Tennis is as much on good relations with the other members of the group, as on winning games. As winning is of secondary importance, and the enjoyment of all players foremost, new players can get into the swing of the game through a simplified set of strokes which are shown and explained in the book. The needs and abilities of new-chum seniors call for a different style of play, and simplified stroke-making, from those of younger players, and so that is what the text and pictures in the book concentrate on. The aims of Fun Tennis being equally fun, and tennis, the on-court rivalry natural in ordinary tennis is greatly subdued, so that no player has a bad time of it, and all can go home happy, and looking forward to next time. In that sense everyone's a winner every time. Seniors know that with luck they could be active well into their 80s, so a young senior might have decades of fun tennis ahead, so learning about the game you enjoy is a good investment. The author is 86, has had a long association with tennis, and has been a keen observer of play at all ages and levels. He plays Fun Tennis regularly.

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