



Psychology of Human Strengths: Fundamental Questions and Future Directions for a Positive Psychology

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This volume sets out a research agenda for the scientific study of human strengths. Scholars in a variety of psychology fields have each directed their attention to positive psychology and focused their work through a lens of human strengths. The results of their findings are intended to provide a forward-looking forum for the discussion of the purpose, pitfalls, and future of the psychology of human strengths. The book contains intriguing and diverse commentaries on historical and contemporary research on human strengths. It should be of interest for those looking for new ways of thinking about such topics as intelligence, judgment, volition, social behaviour, close relationships, development, aging, and health as well as applications to psychotherapy, education, organizational psychology, gender, politics, creativity, and other realms of life.

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