



How's Your Faith?: An Unlikely Spiritual Journey

David Gregory

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In this "thoughtful, introspective, and moving account" (*The Washington Post*), former NBC news anchor David Gregory probes various religious traditions to better understand his own faith and answer important questions about who we want to be and what we believe.

When David Gregory was a reporter covering the White House, President George W. Bush asked him a question: "Gregory, how's your faith?" Raised by a Catholic mother and a Jewish dad, David had a strong sense of Jewish cultural and ethnic identity, but no real belief—until his marriage to a Protestant woman of strong faith inspired him to explore his spirituality for himself and his growing family.

His spiritual journey has taken him inside Christian mega-churches and into the world of Orthodox Judaism. He's gone deep into Bible study and asked big questions of America's most thoughtful religious leaders, including evangelical preacher Joel Osteen; Mohamed Magid, the imam of a big northern Virginia mosque; and Cardinal Timothy Dolan, the Catholic Archbishop of New York. He has even reconsidered his own childhood, where a belief in God might have helped him through his mother's struggle with alcoholism.

How's Your Faith? is "an unusual, probing book, part memoir, part cri de coeur, part exploration" (The Boston Globe). David explores spirituality with the curiosity and dedication you would expect from a seasoned journalist, coupled with the "genuine and deeply felt" (The Wall Street Journal) yearning of a true seeker of faith.



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Perla Baxter:

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