



Straight Talk about Cosmetic Surgery (Yale University Press Health & Wellness)

Arthur W. Perry

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The public's recent exuberance toward cosmetic surgery has spurred an unprecedented demand for appearance-changing procedures. But how can an average consumer discern the hype from solid truth? Which of the many treatments available can fulfill the promise of a more youthful look, or more beautiful skin, or a more pleasing body shape? Which procedures don't work at all?

In this up-to-the-minute guide, Dr. Arthur W. Perry, a practicing plastic surgeon for more than two decades, examines in close detail each of today's surgical and nonsurgical procedures. In everyday language, aided by more than a hundred illustrations, he assesses the benefits and potential complications of legitimate treatments. He also identifies and frankly discusses ineffective treatments. Dr. Perry's empowering book guides you through the seductive and somewhat slick world of cosmetic surgery. He offers criteria for selecting good doctors and facilities. In short, he has written an essential book for anyone who is contemplating cosmetic surgery or other skin-care procedures.

Includes expert advice on:

- Facial rejuvenation including lifts, wrinkle fillers, and peels
- Body contouring from liposuction and tummy tucks to breast implants, reductions, and lifts
- Botox and laser treatments
- Avoiding fraud and procedures that don't work
- And much more

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