



# Rollercoaster: Finding and Treating Bipolar and Other Unstable Mood Disorders

*MD H. Paul Putman III*

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Understanding the various types of depressive and other mood disorders can be difficult. A practicing psychiatrist explains how to diagnose and treat unstable mood disorders, such as Bipolar Disorder. Eleven case examples illustrate the symptoms and treatments. Chapters on children, adolescents and pregnancy are also included. This is a useful handbook for patients, families, mental health workers, non-psychiatric physicians and physician extenders.

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