



# Life Can Be This Good: Awakening to the Miracles All Around Us

Jan Goldstein

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### Life Can Be This Good: Awakening to the Miracles All **Around Us**

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Wonder is everywhere -- if we would just notice it and invite it in. In this book, Jan Goldstein offers 40 lifeaffirming stories of people who opened themselves to all that is possible and were rewarded with miraculous experiences. The author describes a four-step process for turning the ordinary into the extraordinary: Listen, Open, Step Into, and Receive. This simple method brings greater recognition of and gratitude for the luminous moments in life. "This book is a lifetime of deep breaths. Jan Goldstein is right on target. Life really can be this good." -- Richard Carlson, author of Don't Sweat the Small Stuff



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