

Healing the Soul: unexpected Stories of Hope, Courage, and the Power of Mind

MD Bhupendra O. Khatri



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2015 Finalist in USA Best Book Awards in Health: General and Self-Help: Motivational Categories ****Eric Hoffer Award 2015 finalist in the category of self-help.*** In the last few decades, Western medicine has seen incredible advances in technology to treat the sick. That s the good news. The bad news is that with the demands on their time, falling reimbursements from the government, improved medications, and restrictions imposed by insurance carriers, doctors often depend more on computers than on their own instincts and experience in caring for their patients. As a neurologist who deals daily with crippling and sometimes fatal conditions, Dr. Bhupendra Khatri has become increasingly aware of the mind-body connection and the incredible power of the subconscious to heal, postpone death, and deal with unspeakable circumstances. The many stories in Healing the Soul: Unexpected Stories of Courage, Hope, and the Power of Mind describe the lessons the author has learned from his patients, as well as current research about the resiliency of the human spirit. Within these pages are stories of courage, inexplicable medical miracles, and disappointing transactions with intractable insurance companies. Dr. Khatri has been encouraged many healthcare providers, journalists, and patients to share these stories, as well as his research into issues he raises in the book, in hopes of inspiring patients and their families and shedding light on little-known contradictions in the U.S. healthcare system.

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