

# **Cooking on the Lewis and Clark Expedition (Exploring History Through Simple Recipes)**

Mary Gunderson

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## Cooking on the Lewis and Clark Expedition (Exploring **History Through Simple Recipes)**

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Discusses the everyday life, cooking methods, and foods eaten on the journey of Meriwether Lewis and William Clark up the Missouri River to the Pacific as they charted the vast territory of the Louisiana Purchase. Includes recipes.



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