



Freedom from Anxiety: One Woman's Secret Journey

Hennither Bianca Gant

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This story is about a woman that experienced anxiety in her 20s but masked it with material success. In fact, she was too afraid to share her experience with anyone so she dealt with it alone. However, she reached a point where she was sick and tired of the anxiety secretly taking over and she decided to be set free from it. This book is a guide to gaining freedom from the anxiety that many face across the globe.

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