



Run the Rockies: Classic Trail Runs in Colorado's Front Range (Cmc's Classics)

Steven Bragg

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Run the Rockies: Classic Trail Runs in Colorado's Front Range (Cmc's Classics) Steven Bragg A comprehensive reference guide to the Colorado Front Range for any level of trail runner.

*Contains many of the best outings in the state from the Colorado Mountain Club, the outdoor experts in the Rockies for nearly a century *Full-color guidebook, plus fully GPS enabled *The latest in a new series from the Colorado Mountain Club: CMC's Classics

Everyone knows that the Colorado Rockies contain some of the most spectacular trails in the country. Now the Colorado Mountain Club reveals some of its favorites for trail runners. Colorado Classics: Run the Rockies contains detailed information for 50 classic trail runs chosen for their proximity to the major population centers of the Front Range, as well as their incredible scenic qualities and appeal to runners of all abilities. Here you'll find everything you need to enjoy the best that the state has to offer: accurate access and route descriptions, must-have color maps and elevation profiles, running techniques, equipment checklists, safety tips and full-color photography. Fully GPS enabled means that you can use the newest navigational technology to keep you on the right trail.

Runners who want to spend more time running than reading can take advantage of the special "GO!" boxes with encapsulated route info. Color coding of ratings from beginner to expert take the guesswork out of choosing a run and an easy-to-understand system of symbols quickly identifies runs that are seasonal, or are dog friendly, or require fees.



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From reader reviews:

Karen Imes:

People live in this new time of lifestyle always aim to and must have the extra time or they will get wide range of stress from both everyday life and work. So, when we ask do people have time, we will say absolutely of course. People is human not really a huge robot. Then we inquire again, what kind of activity are there when the spare time coming to you of course your answer may unlimited right. Then do you ever try this one, reading publications. It can be your alternative inside spending your spare time, typically the book you have read is definitely Run the Rockies: Classic Trail Runs in Colorado's Front Range (Cmc's Classics).

Glen Thomas:

Playing with family in a park, coming to see the marine world or hanging out with pals is thing that usually you have done when you have spare time, then why you don't try matter that really opposite from that. A single activity that make you not feeling tired but still relaxing, trilling like on roller coaster you already been ride on and with addition of knowledge. Even you love Run the Rockies: Classic Trail Runs in Colorado's Front Range (Cmc's Classics), you may enjoy both. It is excellent combination right, you still wish to miss it? What kind of hang-out type is it? Oh seriously its mind hangout fellas. What? Still don't buy it, oh come on its known as reading friends.

Dolores Mann:

Are you kind of stressful person, only have 10 or even 15 minute in your morning to upgrading your mind ability or thinking skill actually analytical thinking? Then you are receiving problem with the book as compared to can satisfy your short period of time to read it because all of this time you only find publication that need more time to be go through. Run the Rockies: Classic Trail Runs in Colorado's Front Range (Cmc's Classics) can be your answer given it can be read by you actually who have those short extra time problems.

Lily Spivey:

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