



Promoting Healthy Childhood Development Today

James R. Harris, Jr.

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This down-to-earth guide combines accepted child rearing techniques and theory with contemporary approaches in caring for children. The author promotes positive development and offers support for the adult caregiver, whether they be parent, foster parent, or kinship care provider. Content areas include avoiding bedtime battles, eating struggles, curtailing aggression in children, discussing drugs and alcohol with youth, alleviating school-related anxiety, addressing issues of adolescence, protecting children on the Internet, and intervening with a child's uncritical acceptance of negative media messages.

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