

# Feminist Psychotherapies: Integration of Therapeutic and Feminist Systems (Developments in Clinical Psychology)

Mary Douglas, E. A. Walker



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This volume demonstrates that there is no one feminist therapy, but rather a variety. Each has grown from the integration of feminist principles with multiple therapy theories. The authors present several products of this integration as models. The first section's chapters trace the influence of feminism on the development of feminist therapy, discuss a variety of professional issues and the goals of feminist therapy, discuss developmental issues, and examine the interface between feminist and psychotherapy systems, including psychodynamic, cognitive behavioral and family systems. The second section includes chapters on feminist therapies with women, single female parents, men, lesbians and gays, ethnic minorities, and the elderly.

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