



Research and Psychotherapy: The Vital Link

Lester Luborsky, Ellen Luborsky

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Research and Psychotherapy is a valuable resource for beginner and seasoned clinicians alike. The book will serve as an excellent text for graduate level courses in psychology, especially suitable for those exploring personality disorders. Drs. Luborsky masterfully present principles of supportive-expressive psychotherapy and demonstrate how to successfully combine it with other types of psychotherapies. The authors provide extensive information on the latest research in the field.

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