



NLP Belief Buster Cards

Jamie Smart

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This latest card deck contains 52 language patterns and 52 belief-changing questions and is an ideal way to learn 'Sleight of Mouth' NLP patterns. Robert Dilts coined the phrase after seeing Richard Bandler use a system of re-framing patterns that were like doing 'sleight of hand' with beliefs. The resulting patterns are presented in these cards alongside other valuable language structures for shifting beliefs conversationally. The cards include

A tool for uncovering the unconscious structure of a belief

A tool that reveals their unconscious obstacles

A pattern for bringing the consequence of a belief into awareness

A pattern for directing a person's attention to the larger outcome and purpose

A tool for finding out where out-of-date 'rules' came from, and much more.

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