



Catch Your Wave

Debbie Hackworth

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Catch Your Wave Debbie Hackworth

When you make the choice to catch your own wave, you will be in control! You will learn how to rise above verbally abusive people and build your self-esteem along the way. In an enlightened guide to self-discovery, author Debbie Hackworth provides examples of life situations and reveals the truth behind everyday life. Her encouraging words will empower your spirit and inspire you to dive deeper! Hey guys, how do you deal with all of the heartbreaking issues that face you everyday? In chapter one, Kate sadly experienced the rippling effect and became another victim. Years and years of hurt and pain closed her heart to love and almost shattered her dreams. Kate openly shares with you the key that unlocked her painful past. Do you want to know the real truth about your life, your passions, and your dreams? If so, *Catch Your Wave* will expose to you the bigger picture of your life. In a unique and personal way, you will experience the power within your own heart, to control your destiny!

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