

Crock Pot Recipes: 33 Slimming Quick and Easy Crock Pot Recipes (crock pot, crock pot recipes, crock pot chicken)

Janet West



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Crash dieting can be dangerous for your health because it may not help you. If you really want to reduce weight, you can include slimming in your diet. This book has numerous delicious recipes that prove good to reduce a good amount of weight. All recipes are given with simple instructions. You should follow each and every recipe and prepare a delicious lunch, breakfast or dinner for your family members. These all will be easy to cook in the slow cooker. Save money and time with your crock pot.

This book offers:

- Delicious Soups and Stews
- Crock Pot Chili and Curries Recipes
- Superfoods Casseroles
- Delicious Recipes with Chicken and Beef
- Dessert Recipes in Crock Pot

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