



Ketogenic Slow Cooker Recipes: 101 Low Carb, Fix it and Forget it, Ketogenic Crock Pot Recipes

Ashley Peters

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SAVOR THESE QUICK & EASY KETOGENIC DIET SLOW COOKER RECIPES! *** As a Special Thank-you for Your Download Today, You'll Receive a FREE BONUS At The End of Your Book*** If you want to prepare quick & easy healthy meals and stick with you Ketogenic Diet then this recipe book is for you.... This book includes over 100 recipes that follow the Keto diet and can be prepared and cooked with very little time and effort on your part which makes them all perfect for people who hate working over a stove all day. INSIDE THIS RECIPE BOOK you will get recipes covering everything from Breakfast, Stews, Soups, Main Dishes, and more! If you find yourself at a loss as to how to stay on track with your meals, look no further than the following pages of this book. You will find 101 Ketogenic recipes that are simple, tasty, and can be prepared in a slow cooker, which is a great way to create satisfying meals with relatively low involvement. The 'set it and forget it' method of using a slow cooker is convenient for you, and also brings out the rich flavors of the food you are cooking. This book will therefore show you how easy it is to combine the lifestyle changes of the Ketogenic diet with the convenience of slow cooking, and never will you feel that you have sacrificed the taste of your food! HERE ARE JUST A FEW OF THE AMAZING RECIPES INSIDE THIS BOOK • Keto Slow Cooker Thai Soup • Keto Slow Cooker Bacon Omelet • Keto Slow Cooker Chicken Cacciatore • Keto Slow Cooker Pizza Meatloaf • Keto Chili with a Twist •MUCH MUCH MORE! Eat well and Stress Free with Ketogenic Slow Cooker Recipes: 101 Low Cab, Fix it and Forget it, Ketogenic Crock Pot Recipes

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